

## **SAFETY PLAN**

- The day before and the morning on the race, we patrol the course on bicycle and remove any hazards
- At each aid station, we provide 6 five-gallon jugs of water so you have plenty to drink
- At each aid station, we staff at least one first-aid certified volunteer
- The overhead trees provide adequate shade
- Our course marshalls all have cell phones, and we publicize a central number so they can report safety issues
- We will post signs "CAUTION --RACE IN PROGRESS and warn incoming bicyclists to be cautious and let the runners pass